

NEWS & VIEWS FROM *Wesley Woods*

Presented by Beth Lever



RELIEVING PAIN DURING SERIOUS ILLNESS

Although the terms “hospice” and “palliative care” are often mentioned in the same breath, one must differentiate between the two. While hospice is designed to help people who have a short time to live and have agreed to stop treatment, palliative care involves the use of medicine to relieve pain and suffering and improve quality of life. Whereas it is true that palliative care may be an important part of hospice, it is available to patients being treated for a disease at any stage of their illness. It is important to understand, therefore, that early introduction of palliative care not only improves mood and quality of life, but it also may help those suffering from serious illness to live longer.

Most of the time, you have to ask your doctor for a palliative care referral to get palliative care services. Whether you are in the hospital

or at home, a palliative care team can help you. WESLEY WOODS OF NEWNAN-PEACHTREE CITY offers active, involved retirees a lovely apartment home or cottage, along with convenient services, chef-prepared meals, engaging neighbors, and all of the charm of a friendly neighborhood. For more information, please call 770-683-6833. We are located at 2280 North Highway 29. *View Retirement from a New Perspective.*

P.S. Without palliative care, those suffering from serious illness may experience pain that suppresses the immune system and causes depression, both of which compromise longevity.



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