

NEWS & VIEWS FROM *Wesley Woods*

Presented by Beth Lever



THE FASTEST-GROWING AGE GROUP

Do you know what the fastest growing age group around the world is? It's 90-year-olds. Many people heap attention on those who reach the century mark (and rightly so), but there is much to be said for those hitting the 90-year mark as well. It is only fitting, then, that the first-ever census statistics on the 90-plus population in America shows that it has increased by nearly 300% since 1980 to 1.9 million people. By mid-century, this group of nonagenarians is projected to reach 8 million, in which case it will represent 2% of the U.S. population. Contrast these numbers with those of over a century ago, when fewer than 100,000 Americans lived to reach age 90.

Demographers attribute the increases in longevity mostly to better nutrition and advances in medical care. The longer life spans, however, present additional risks for

disabilities and chronic conditions such as arthritis, diabetes and Alzheimer's disease. *WESLEY WOODS OF NEWNAN* provides seniors with individualized care and assistance in a home-like setting, while maintaining their maximum independence. For more information, please call 770-683-6833 or visit us at 2280 North Highway 29. *View Retirement from a New Perspective.*

P.S. With more Americans reaching age 90, researchers are working to better understand important aspects of their health, which will increasingly exert influence on health costs.



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